

Cycling Fact Sheet

Bike /'bīk/ - A low-power, lightweight motorized bicycle.

Bicycle /'bīsikəl/- A light, two-wheeled vehicle propelled by pedals and physical strength.

Snapshot

- Year-round activity
- Suitable for all riding levels and ages
- A fun and accessible way to see the sights

Popular Trails

Bermuda Railway Trail (Easy-Advance)



Trail Highlights:

- 18 miles of trail which lies on the site of Bermuda's historical railway line that served the island from 1931-1948.
- Most accessible and well-traveled trail on the island
- Closed to all motor-operated vehicles
- Easiest parts of trail located on west side of island
- Moderate-hard trails located on east side of island
- Ideal for families and couples
- Riders have access to ferries and other modes of transportation

South Road (Moderate-Advance)



Trail Highlights:

- Stretches more than 9 miles along the shore
- Off-trail experience
- Ideal for scenic views of South Shore beaches including Horseshoe Bay Beach and Warwick Long Bay Beach
- Suitable for riders comfortable with winding roads and traffic

Tribe Roads (Moderate-Advance)



Trail Highlights:

- Approximately 30 tribe roads on island
- Private narrow roads that lead off the beaten path
- Opportunity to see Bermuda like a local
- Ideal for quiet, scenic views
- Suitable for riders comfortable with riding on the main roads

Rentals

Visitors are able to rent pedal and hybrid-electric bikes by the half-day, full-day or the entire length of stay. Average rental rates range between \$30 and \$40 per day. Cyclists are encouraged to pick up a map or ask a shop employee for guidance. Following is list of rental facilities:

Oleander Cycles

Starting rate: \$40/day

Locations:

- Dockyard, King's Wharf (441) 234-2764
- The Reefs Hotel, Southampton (441) 238-0222
- 6 Valley Road, Paget (441) 236-5235
- 15 Gorham Road, Hamilton (441) 295-0919
- 26 York Street, St. George's (441) 297-0478

Elbow Beach Cycles

Starting rate: \$23/3hrs or \$30/day

Locations:

- 60 South Shore Road, Paget (441) 296-2300

Eve Cycles

Starting rate: \$30/day

Locations:

- 114 Middle Road, Paget (441) 236-6247
- 1 Water Street, St. George's (441) 236-0839
- Fly N' Ride, Bermuda International Airport (441) 293-6188

Guided Tours

Guided bicycle tours are available for those who wish to have a local expert lead the way. The [Bermuda Island Tour Centre](#) offers travelers a sight-seeing adventure on the west end of the island, with informative commentary to answer any questions. Guests will experience a 5-8 mile ride of mostly flat terrain along the Railway Trail before enjoying a swim at the beach and a complimentary drink. Tours are offered daily and rates start at \$75 per person with a \$5 reservation fee. Reservations can be made by calling (441) 236-1300 or emailing info@islandtourcentre.com.

Events & Competitions

[Fat Tire Massive Bike Race Series](#) runs November through March and is sanctioned through the Bermuda Bicycle Associations (BBA). The race series consists of nine point races at various locations throughout the island, with final standings based on the best seven results.

Road bike racing in Bermuda is a summer sport and comprises a ten race Road Race Points Series including the IBC Criterium Series, Bermuda Championships and Sinclair Packwood Memorial Race.

Mountain bike racing in Bermuda is a winter sport and comprises an eight to ten race Bicycle Works MTB Series, and a season end Championship race to determine the Bermuda Champion and the National Champion.

Additional information on bicycling events sanctioned through the BBA can be found at www.bermudabicycle.org.

Helpful Tips:

- Bermudians ride on the left side of the road
- Bike is the term used on-island for a motorized scooter, whereas bicycle is the term used for a human powered, pedal-driven vehicle
- Main roads are suggested for experienced bicyclists only

- Helmets are required for cyclists